



# Ya'Eat

## À La Carte Menu

Prices are subject to change

### Salads

Menu Item	Diet/Restrictions	Price	Quantity
Garden Salad (Side of Italian Dressing)	Vegetarian/GF	\$14.00	
Arugula Salad (Side of Lemon Vinaigrette)	Vegetarian/GF	\$15.00	
Spring Mix Salad (Side of Basil Vinaigrette Dressing)	Vegetarian/GF	\$15.00	
Radicchio, Radish, Arugula, Napa Cabbage, and Green Olive Salad (Side of EVOO, Balsamic, and Pecorino Romano Cheese Dressing)	Vegetarian/GF	\$17.00	
Quinoa Salad with Beets, Mesclun Greens, Candied Walnuts, and Sliced Red Onion, Topped with Blue Cheese	Vegetarian/GF/Nuts	\$15.00	
Spinach Salad with Bacon (Side of Bacon Vinaigrette)	GF	\$15.00	
Antipasto Italian Chopped Salad (Side of Italian Dressing)	GF	\$17.00	
Grilled Chicken Caesar Salad (Side of Dressing and Croutons)	GF	\$22.00	
Grilled Shrimp Caesar Salad (Side of Dressing and Croutons)	GF	\$24.00	
Shrimp, Roasted Garlic and Fennel Salad with Lemon Vinaigrette	GF	\$24.00	
Seven Fishes Italian Seafood Salad	GF	MKT PRICE	

### Appetizers

Menu Item	Diet/Restrictions	Price	Quantity
Eggplant Rollatini	Vegetarian	\$20.00	
Grilled Octopus		MKT PRICE	
Garlic Shrimp		\$20.00	
Nana's Eggplant Parmesan   No Breadcrumbs	Vegetarian	\$20.00	

### Pasta

<b>Menu Item</b>	<b>Diet/Restrictions</b>	<b>Price</b>	<b>Quantity</b>
Rigatoni San Marzano Marinara Sauce	GF Pasta Available Plus \$2	\$16.00	
Linguine with White Clam Sauce	Shellfish	\$25.00	
Linguine with Red Clam Sauce	Shellfish	\$25.00	
Pink "No Vodka" Sauce with San Marzano Tomatoes and Penne on the side.	GF Pasta Available Plus \$2	\$24.00	
Spaghetti alla Puttanesca (San Marzano Tomatoes, Olive Oil, Kalamata Olives, Anchovies, Capers, and Garlic)	GF Pasta Available Plus \$2	\$22.00	
Meat Lovers Lasagna (Serves-4)	GF Pasta Available Plus \$2	\$50.00	
Veggie Lovers Lasagna (Serves-4)	Vegetarian	\$48.00	
Sauteed Shrimp and Spinach Garlic and Oil with Penne on the side	GF Pasta Available Plus \$2	\$28.00	
Meatballs with San Marzano Marinara Sauce and Spaghetti on the side	GF Pasta Available Plus \$2	\$22.00	
Sausage & Peppers with San Marzano Marinara Sauce and Spaghetti on the side	GF Pasta Available Plus \$2	\$22.00	
Orecchiette with Sausage and Broccoli Rabe	GF Pasta Available Plus \$2	\$24.00	
<b>Chicken</b>			
<b>Menu Item</b>	<b>Diet/Restrictions</b>	<b>Price</b>	<b>Quantity</b>
Caprese Stuffed Chicken Breast with Prosciutto		\$30.00	
Chicken Parmesan		\$24.00	
Chicken Francese		\$24.00	
Chicken Piccata		\$24.00	
Chicken Marsala with Baby Bella Mushrooms		\$24.00	
Chicken Milanese		\$24.00	
Boneless Chicken Thigh Cacciatore		\$24.00	
Grilled Chicken Breast		\$24.00	
Roasted 1/2 Chicken		\$24.00	

**Seafood**

<b>Menu Item</b>	<b>Diet/Restrictions</b>	<b>Price</b>	<b>Quantity</b>
Salmon with Sun Dried Tomato and Spinach with Lemon Cream Sauce	GF	\$30.00	
Baked Salmon		\$30.00	
Grilled Salmon Cilantro Lime and Garlic	GF	\$30.00	
Panko Crusted Baked Salmon	GF	\$30.00	
Blackend Salmon	GF	\$30.00	
Salmon Fried Rice - Hibachi Style	Shellfish	\$28.00	
Shrimp Fried Rice - Hibachi Style	Shellfish	\$28.00	
Shrimp Stuffed with Crabmeat	Shellfish	\$35.00	
Shrimp Francese	Shellfish	\$28.00	
Shrimp Scampi with lemon, butter garlic, white wine	Shellfish	\$28.00	
Pan Seared Cod		\$32.00	
Pan Seared Sea Scallops	Shellfish	\$35.00	
Baked Fish Combo (Shrimp, Clams, Sea Scallops, Flounder, Mussels).	Shellfish	\$35.00	
Sauteed Red Snapper with Clams and Mussels	Shellfish	MKT PRICE	
Sauteed Flounder Francese with Arugula and Tomato		\$28.00	
Sole Oreganata		\$28.00	
Baked Flounder		\$28.00	
Baked Code Fish		\$28.00	
Soft Shell Crab Sherry Wine, Lemon, Butter Sauce	Shellfish	MKT PRICE	

**Meats**

<b>Menu Item</b>	<b>Diet/Restrictions</b>	<b>Price</b>	<b>Quantity</b>
------------------	--------------------------	--------------	-----------------

Veal Francese		\$28.00	
Veal Piccata		\$28.00	
Veal Marsala with Baby Bella Mushrooms		\$28.00	
Veal Milanese		\$28.00	
Veal Parmesan		\$28.00	
Stuffed Pork Tenderloin with Spinach, Roasted Peppers and Provolone Cheese		\$24.00	
Pork Chops Oreganata		\$24.00	
Grilled Pork Chops		\$24.00	
Grilled Pork Tenderloin		\$24.00	
Seared Hanger Steak over Escarole and White Beans		\$28.00	
NY Strip Steak Braciolo with Prosciutto & Arugula with San Marzano Marinara Sauce		\$35.00	
Pork Braciolo with San Marzano Marinara Sauce		\$26.00	

### **Vegetables and Sides**

<b>Menu Item</b>	<b>Diet/Restrictions</b>	<b>Price</b>	<b>Quantity</b>
Broccoli Rabe in Garlic and Oil		\$12.00	
Escarole and White Beans		\$10.00	
Creamed Spinach		\$10.00	
Sauteed Spinach with Garlic and Oil		\$10.00	
Roasted Broccoli		\$10.00	
Roasted Cauliflower		\$10.00	
Mashed Cauliflower		\$10.00	
Sauteed Zucchini and onions		\$10.00	
Grilled Asparagus		\$10.00	

